RESEARCH- AND TRAINING CENTRE
FOR DEPTH PSYCHOLOGY
ACCORDING TO C. G. JUNG AND MARIE-LOUISE VON FRANZ

AIMS AND ACTIVITIES

MMXVIII

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(updated June 2025)

RESEARCH AND TRAINING CENTRE FOR DEPTH PSYCHOLOGY

ACCORDING TO
CARL GUSTAV JUNG AND MARIE-LOUISE VON FRANZ

The Research and Training Centre for Depth Psychology was founded in 1994, together with Marie-Louise von Franz, thereby creating a place where the objective psyche can be considered with total commitment.

The aims of the Centre are, on the one hand, to further research on the unconscious psyche as well as on the relationship between psyche and matter, and, on the other hand, to provide a training programme for qualified analysts. The training programme is also intended for those who are interested in combining research into the unconscious psyche with their present profession. Both research and training are based upon the psychological findings of C.G. Jung and Marie-Louise von Franz and other related studies. It is also the aim of the Centre to foster the exchange of ideas, to promote discussion of findings, and to increase cooperation among researchers from other fields.

The study

The basis of the training programme is the student's personal analysis, in which both analyst and analysand focus on the manifestations of the objective psyche. On the basis of these manifestations (dreams, active imagination work and symbols), and the serious nature of creative work carried out by the analysand, the analyst assumes responsibility for the analysand's training. He recommends the analysand for acceptance into the programme and for all further stages of his studies, and his is the first signature on the candidate's final diploma.

For its part, the Centre is responsible for training and examinations. In the event that the Centre's steering committee and the personal analyst differ in their judgement of a candidate, any further decisions should be based upon the manifestations of the unconscious.

The training programme is basically open to academics from all fields. In awarding the diploma, the Centre certifies that the recipient is entitled to work as an analyst. It does not, however, guarantee the possibility to practice in one specific country or one specific place. The fulfilling of the legal requirements in the place where someone wishes to practice remains the personal responsibility of the individual.

Together with the guidance of qualified professionals, *research, teaching and practical training* are the means by which the Centre aims to achieve its goals.

1. Research

Research is carried out by the lecturers, the students and the qualified analysts. Both series of publications of the Foundation for Jungian Psychology are at the disposal of authors for the publication of important research findings. Living Human Heritage Publications is further channel for publication of results of these research activities.

2. Teaching

The theoretical foundations of Analytical Psychology will be taught in lectures, seminars and colloquia. Other fields of knowledge which are important for the understanding of psychological material and its symbolic meaning will also be included in the training. Seminars and practical exercises will provide experience in dealing with psychological material, both in theory and in practice.

3. Practical training

The aim of the practical training is to combine theoretical knowledge with practical experience.

4. Teaching staff

Lecturers and analysts are experienced, fully-qualified psychologists in the field of Analytical Psychology. The Centre is in contact with these experts both in Switzerland and abroad. These professionals are available for consultation with regard to the creative scientific work. For special subjects, lecturers from other disciplines will be called in.

The courses of the training programme will, for the most part, be conducted in the form of block courses of two weeks, twice a year, with lectures and seminars held in German and English language. In addition, students are asked to study the required literature and to focus upon their own independent creative written work.

Entrance requirements

When *requesting enrolment*, the following documents must be submitted:

1. A concise Curriculum Vitae.
2. A reference from one's own analyst as well as from some other person.
3. A creative piece of work based upon the fundamentals of Analytical Psychology.
4. A copy of a school-leaving certificate, or an equivalent, and, if applicable, evidence of an academic degree.

If the Board decides that acceptance is possible, the candidate is accepted on a provisional basis and will be requested to attend a block course. After the first course the Board will make its final decision as to whether an application is to be accepted or rejected.

Course of studies

First part of the programme

In the first part of the programme, the theoretical fundamentals of Analytical Psychology are to be learnt by attending courses, seminars and colloquia offered, as well as by following an independent study plan and by studying the remaining subjects laid down in the training programme.

In addition, there must be:

a) at least 130 hours of personal analysis recognized by the Centre,

b) some practical work in a psychiatric clinic or in an equivalent institution of one month's duration,

c) two independent scientific papers, one of which must concern itself with the Association Experiment, while the second may be chosen from the examination subjects. These papers may be presented at seminars.

Examinations in theory (*Propaedeuticum*) mark the end of the first part of the training programme

The *examination subjects* are:

1. Fundamentals of Analytical Psychology
2. The Association Experiment: its theory and application, and the general Theory of Complexes
3. Psychology of Dreams
4. The Development of Consciousness and its Disturbances (Theory of Neurosis)
5. Psychopathology
6. Psychology of Archaic Man
7. Psychology of Fairy tales, Myths and Legends
8. General History of Religion

The subjects will be examined orally.

After having passed the Propaedeuticum, the student is entitled to conduct analysis independently, under the supervision of an experienced analyst.

Second part of the programme

Emphasis is now placed on deepening the student's theoretical knowledge and its practical application and also the writing of an extensive scientific paper.

In addition, the candidates are expected:

a) to give 250 hours of analysis under the supervision of one or more experienced analysts (control casework). For five analysands, a case report demonstrating a psychological understanding of the individual involved must be submitted,

b) to attend control case colloquiums at which their own casework should be open for discussion,

c) to have had at least 300 hours of personal analysis up to the time of receiving the diploma,

d) to spend an additional month of practical work in a psychiatric clinic or in an equivalent institution,

e) to write a seminar paper,

f) to write an independent scientific thesis which should constitute a creative contribution to Analytical Psychology.

Once all the above requirements have been fulfilled, the training programme is concluded with final examinations *(Diploma).*

The *examination subjects* are:

1. Psychiatry
2. The Process of Individuation and its Symbols
3. Dream Interpretation
4. Interpretation of Images from the Unconscious
5. Interpretation of a Fairy tale or Myth
6. Practical application of the theoretical knowledge in one individual Case Study
7. Discussion of the Thesis.

With the exception of Subject 5 (Interpretation of a Fairy tale or Myth), which is a written examination, all the final examinations will be oral. Further details concerning permission to sit for the final examinations as well as the manner in which they are conducted can be found in the examination guidelines.

Completion of studies

To be awarded the Diploma of a Jungian Analyst, candidates must fulfil the following requirements. They must:

1. Be at least 28 years of age.
2. Have moral stature as well as intellectual and practical skills in their personal and professional life.
3. Hold an academic degree.
4. Submit an approved thesis.
5. Pass the final examinations.

The Board reserves the right to make exceptions to the above rules in special cases.